

Excursion Itinerary

(④Rikuzentakata, Kesenuma, Minamisanriku Course)

Date and time	Itinerary	Notes
March 10 th 2025 (Monday)	<p>Departing from Sendai Station East Exit at 08:30 by chartered bus to the coastal areas of Iwate Prefecture</p> <p>Sendai Higashi IC = = (Sanriku Expressway) = = Rikuzentakata IC (passing over the Kesenuma Bay Transversing Bridge on the way)</p> <p>11:00 Rikuzentakata arrival - guided tour by a storyteller guide (90 minutes)</p> <p>- guided tour of the Tsunami Tradition Center - departure at 14:30 (During the tour, you will have free time for lunch at the Roadside Station Takata Matsubara)</p> <p>15:00 Kesenuma City, Shikaori district (view from the bus window)</p> <p>15:20 Kesenuma Port IC = = (Sanriku Expressway) = = Minami-Sanriku Kaigan IC</p> <p>16:00 Arrival in Minamisanriku Town - Rest at the Sansan Shopping Arcade - Departure 16:30 (Disaster Reconstruction Memorial Park, Disaster Prevention Building)</p> <p>Shizugawa IC = = (Sanriku Expressway) = = Sendai Higashi IC</p> <p>18:30 Arrival at Sendai Station East Exit - Disband</p>	

④Rikuzentakata, Kesenuma, Minamisanriku Course (March 10th all day) JPY 9,000

・ Iwate Tsunami Memorial Museum

Source) Great East Japan Earthquake and Tsunami Memorial Museum
Iwate Tsunami Memorial Museum HP



The Japanese archipelago is a land of destiny that is particularly prone to natural disasters, and the people who live here have long been improving their ability to respond to natural disasters.

However, on March 11th 2011, the Great East Japan Earthquake and Tsunami caused us to lose many precious lives.

In order to prevent this sadness from being repeated, it is important to protect lives from various natural disasters and overcome natural disasters by preparing with wisdom and technology and taking action ourselves.

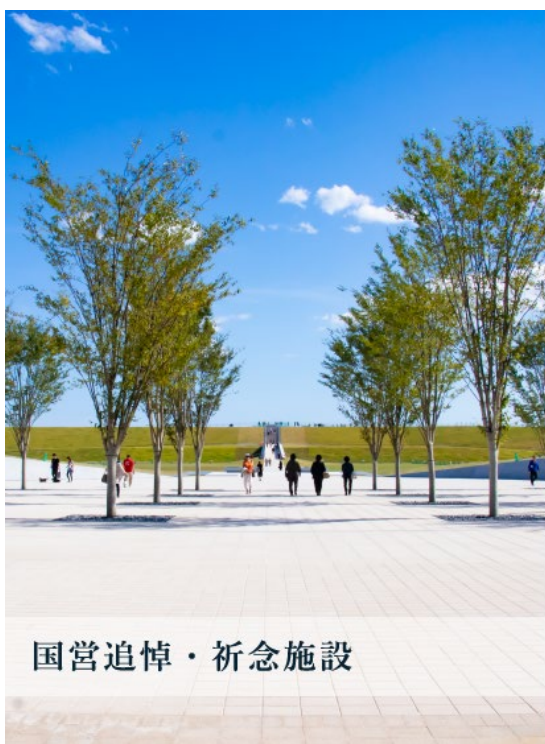
The Great East Japan Earthquake Tsunami Memorial Center aims to learn from the wisdom of our predecessors, share the facts and lessons of the Great East Japan Earthquake Tsunami with people around the world, and work together to create a society that is resilient in the face of natural disasters.

We will also convey the story of how we overcame the Great East Japan Earthquake Tsunami and moved forward, along with our gratitude for the support we received.

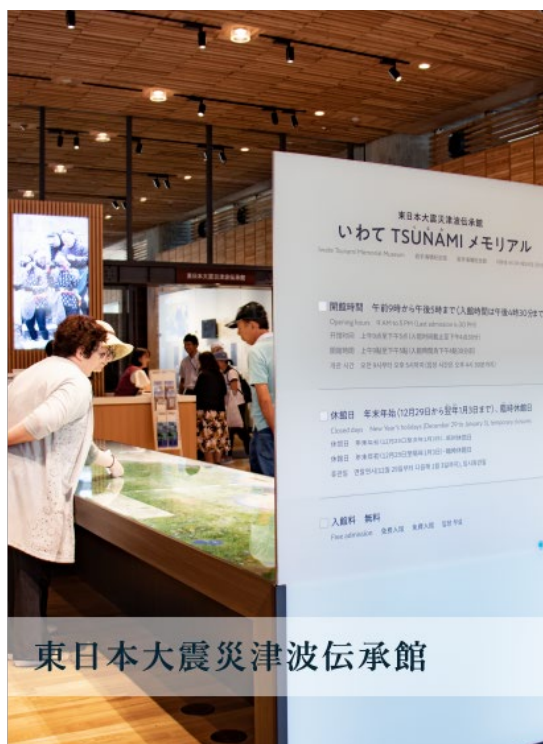
Website: <https://iwate-tsunami-memorial.jp/>

・ Takata Matsubara Road Station

Source) Michinoeki Takatamatsubara HP



国営追悼・祈念施設



東日本大震災津波伝承館

The venue for lunch

Website: <https://takata-matsubara.com>

・ Minamisanriku Sun Sun Shopping Village

Source) Minamisanriku Sun Sun Shopping Village HP



The “San-San Shopping Arcade” opened on February 25th 2012 as a temporary shopping arcade based on the concept of “making the shopping arcade in Minamisanriku full of smiles and energy, just like the sun shining brightly”. Five years have passed since the disaster, and the permanent shopping arcade has now opened on March 3rd 2017 (San-San).

The permanent version of the shopping arcade opened in the Shizugawa district, where the ground has been raised by 8.3 meters since the earthquake and where National Routes 45 and 398 intersect.

It is made up of 6 single-story buildings made from Minami Sanriku cedar, 6 restaurants, 5 shops related to daily life, 4 souvenir shops, 3 fresh fish shops, 6 cafes and sweets shops, 2 beauty salons, 1 funeral-related shop, 1 convenience store, 1 direct-from-the-farm facility, and a total of 29 shops.

Website: <https://www.sansan-minamisanriku.com/about-us/>

• Minamisanriku Memorial Park of Earthquake Disaster

Source) Minamisanrikucho HP



The Great East Japan Earthquake, a magnitude 9.0 earthquake that occurred at 2:46 pm on March 11th 2011, triggered a devastating tsunami that caused over 800 deaths and left many others missing in Minamisanriku. The Minamisanriku Town Earthquake Reconstruction Memorial Park is a place for mourning and remembering those who lost their lives in the Great East Japan Earthquake, as well as a place for passing on the memory of the immense damage and the lessons learned, and praying for the recovery from the disaster.

Website

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<https://www.town.minamisanriku.miyagi.jp/index.cfm/6,0,129,html>

・ Minamisanrikucho antidisaster measures government building

Source) Wikipedia



It was built in 1995 (Heisei 7) as one of the administrative buildings of the town hall of Shizugawa Town. In contrast to the 2.4 meter^[1] depth of flooding caused by the Chilean earthquake in Shizugawa Town, the Disaster Prevention Measures Office Building was a steel-framed three-story building located 1.7 meters above sea level, about 600 meters from the coast, and had an evacuation area on the roof, which was about 12 meters above ground level. On October 1, 2005 (Heisei 17), Shizugawa Town and Utatsu Town merged to form Minamisanriku Town. The Disaster Prevention Office Building became one of the administrative buildings of Minamisanriku Town Hall. The main office of the town hall was built with the first and second administrative buildings and the Disaster Prevention Office Building next to each other.

On March 11th, 2011 (Heisei 23), the Tohoku Pacific Offshore Earthquake (Great East Japan Earthquake) triggered a 15.5 meter tsunami that swept away the first and second government buildings, leaving only the framework and the floors and roofs of each floor of the disaster prevention building. Due to this tragedy (described below), the disaster prevention building is considered a disaster remnant.

Website : [南三陸町防災対策庁舎 - Wikipedia](#)